
Level 1 Adult and Level 1 Pediatric Trauma Center



The Regions Hospital Car Seat Program has been active within the community offering free car seat clinics and education since 2008. The program offers education to parents and caregivers through ECFE and Head Start, and integrates car seat safety into school-aged curriculum, safety camps and safety fairs.

In 2019 the program was awarded a grant to implement a new inpatient car seat consultant program. This program brought the car seat experts into the birth center where they provided education and demonstrations for families in the birth center as well as the NICU.

The service is staffed 6 days per week by certified car seat technicians. During that initial year, a research component was included to evaluate the patient and family satisfaction. Results were overwhelmingly positive.

During that year, 1816 newborns were discharged, with 1122 families offered the car seat consult education and 858 receiving this education. Post surveys were completed by 10% of the families, who reported that they felt more confident in using the car seat, harnessing their infant in the car seat, and installing the seat in their vehicle. Additionally, 99.4% of respondents recommended that the program continue.

This center is geographically located in a diverse metropolitan area. The data collected showed that the families educated were also from diverse backgrounds, similar to the overall distribution of race and language in the overall birth center population. This was a difference compared to the participants that attend the community based clinics.

This program received additional funding and has continued to support this population and provide this significantly necessary education for prevention of injury.