



AT THE FOREFRONT OF **KIDS** MEDICINE®

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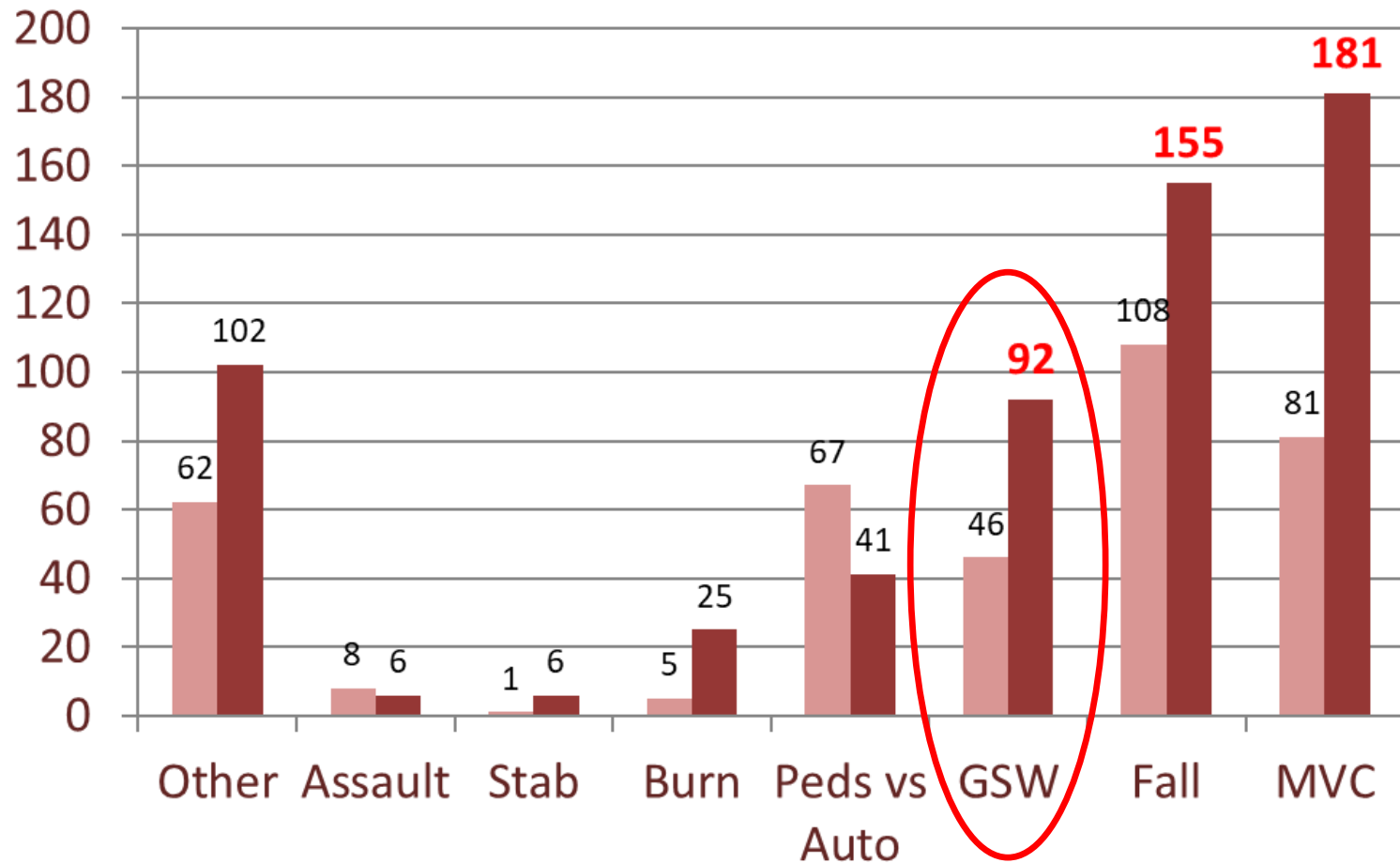
Comer Children's

Trauma-Informed Care and Violence Recovery Programs

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Burden of Violent Trauma on the Southside of Chicago January – December 2020

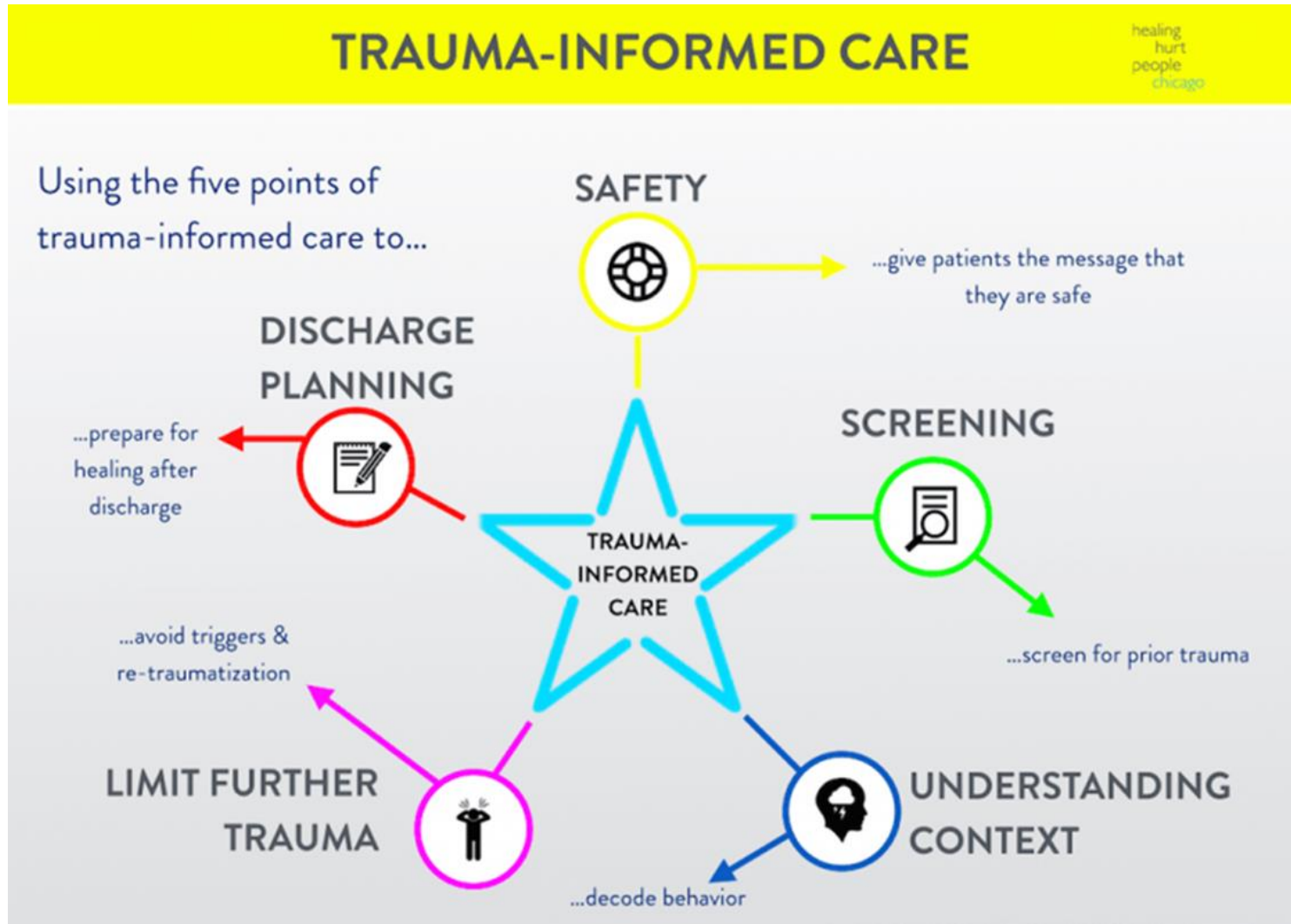


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Trauma-Informed Care



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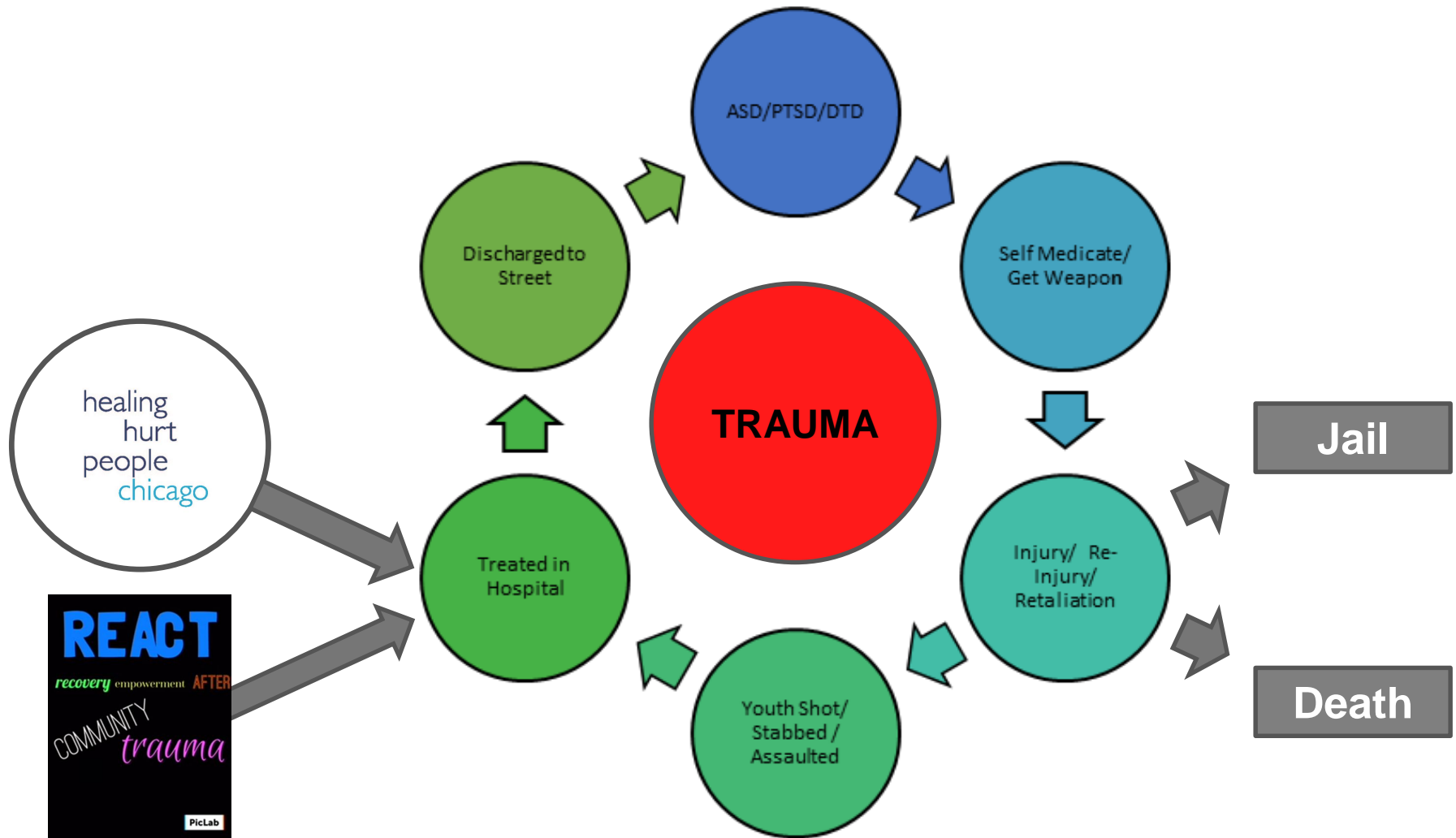
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Trauma-Informed Care



Cycle of Violent Injury



Recovery and Empowerment After Community Trauma (REACT)

Youth and families affected by community violence provided with:

- More traditional office based mental health
 - Screening
 - Brief trauma-focused interventions
 - Psychoeducation, and support
- Access to ongoing therapy
- Provides for trauma patients affected by community violence, whether or not they have been injured.



Funding: Substance Abuse and Mental Health Services Administration (SAMHSA), US Department of Health and Human Services (HHS), grant #5U79SM063163-03



Recovery and Empowerment After Community Trauma (REACT)

REACT Clinic (weekly)

- Provides trauma-informed psychological and psychiatric needs assessment and linkage to care
 - Child and Family Traumatic Stress Intervention (CFTSI).
 - Sonya Dinizulu, PhD and Seeba Anam, MD

REACT trauma-focused therapy partners

- Have expertise or receive training in trauma-focused psychotherapy
 - Attachment, Regulation and Competency (ARC)
 - Child-Parent Psychotherapy (CPP)
- Provide long-term treatment
- Coordination of care



Healing Hurt People (HHP) Chicago

HHPC team is embedded within the Trauma Center

- Aim to meet every violently injured patient < 19 years of age
 - Pediatric Trauma Center (≤ 15 yrs)
 - Adult Trauma Center (Adult 16+)
- Provide:
 - Trauma-focused support and psychoeducation as early as possible following violent injury
 - Core service is intensive case management
 - Focus on engagement rather than screening.
 - Assessment of safety and other needs
 - Information about HHPC services

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Healing Hurt People (HHP) Chicago

Patients interested in ongoing services assigned a Trauma Intervention Specialist (TIS)

- TIS works with client to develop goals and identify what supports are needed to meet them, then works with and on behalf of the client to access needed resources.
- TIS provides Intensive Case Management, in clients' homes, schools and communities.

SELF (Safety, Emotions, Loss and Future) psychoeducation framework applied

- HHPC TIS and peer leaders facilitate group meetings and individual relationships using the Sanctuary Model framework

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Project Fire



“Our mission is to empower and connect people through the healing practice of glassblowing and ceramics.”

- Glassblowing or ceramics sessions
- Mentoring program providing trauma informed support groups, case management



Thank you

Funding (partial list)

- **HHP-C**

- Illinois Criminal Justice Information Authority
- Block Hassenfeld Casdin Families
- Michael Reese Health Trust
- UD Dept of HHS Substance Abuse and Mental Health Services Administration
- Prince Charitable Trust
- Chicago Community Trust
- City of Chicago Dept. of Family & Support Services

- **REACT**

- Substance Abuse and Mental Health Services Administration (SAMHSA), US Department of Health and Human Services (HHS), grant #5U79SM063163-03



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Healing Hurt People (HHP)

Outcomes for 74 HHP-C participants with 6+ months in program	
Safety/Avoiding Any Re-injury	89%
Safety/Avoiding Level 1 Trauma Re-injury	94%
No New Justice System Involvement	83%
No Attempts to Retaliate	98%
Lower Aggression	83%
Increase Self-Efficacy	89%
Increase Service Utilization	91%
Decrease Drug and Alcohol Use	60%
Decrease Depression	69%
Decrease PTSD symptoms	73%



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